



Springhouse September Newsletter

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September 2013

Presentation by Joanne Koenig Coste

Join Springhouse Senior Living and Joanne Koenig Coste for a free presentation about Alzheimer's disease on Wednesday, September 18, 2013 at 6:30 pm.

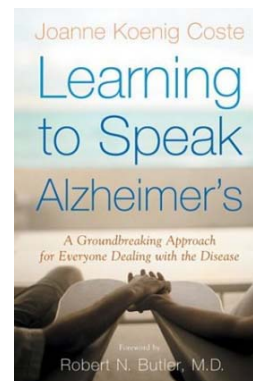
In lieu of Care to Care this month, Springhouse invites families to attend the Joanne Koenig Coste presentation on Wednesday, September 18 at 6:30 pm.

Fall CEU Breakfast Series at Springhouse

Wednesday,
September 11, 2013

Breakfast: 8:00 - 8:30am
Presentation: 8:30 - 9:30am

Joanne Koenig Coste is a nationally recognized expert and an outspoken advocate for patient and family care. She is a board member of the American Journal of Alzheimer's Disease. Springhouse is proud to host Joanne for this exciting evening of support and learning.



Hors d'oeuvres and refreshments will be served. Space is limited, kindly RSVP by calling [\(617\) 971-1678](tel:6179711678) or e-mailing kpollack@springhouseboston.org.

Summer Activities Recap!

"Evolving Health Care Trends"

Presented by:

Denise Herbert
Hospice Care Consultant
and Preceptor

RSVP to Karen Pollack,
[\(617\) 971-1670](tel:6179711670)

1 CEU for RN, Social Work and
Nursing Home Administrator.

We close the summer of 2013 with some great memories that were shared among our Assisted Living residents. We went on trips, played bocce, tie dyed and did much more. Although the weather was not always cooperative, we ventured down the Charles River and went on a boat cruise that gave us an incredible view of our beloved Boston.



When the weather was beautiful we took advantage! We celebrated National Relaxation Day at Constitution Beach, our feet in the sand and our hands filled with shells.

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We were lucky to enjoy two BBQ's outside on the Springhouse patio, embracing the sun and goodfriends. Many of our evenings were followed up playing some bocce on the front lawn or by taking a walk and enjoying the beautiful landscaping. When we needed to stay inside, we partied like they do in Honolulu, learning to Hula dance while the women wore flowers in the hair and the men showed off their dance moves in grass skirts--we have the pictures to prove it! As we say goodbye to the summer, we welcome the fall and all the fun we will continue to have!

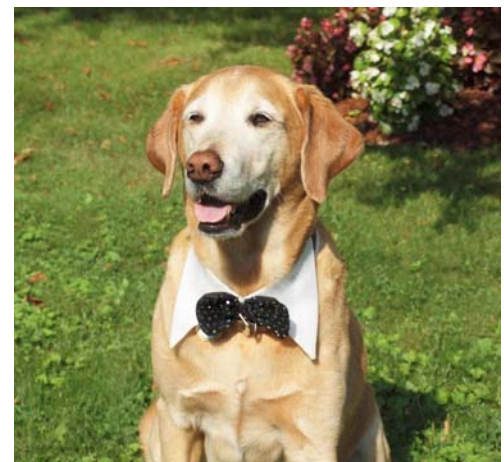


Walk to End Alzheimer's

The 5th Annual Springhouse Walk to End Alzheimer's will take place on the Springhouse campus on Thursday, September 26th at 2:00 pm. Springhouse will also be selling paper forget-me-nots, bracelets, and JoAnne's famous hand painted Forget-Me-Not pins to raise money for the Alzheimer's Association throughout the month of September. To walk with the Springhouse team or to make a donation to the Alzheimer's Association in honor of Springhouse Senior Living please call [\(617\) 522-0043](tel:6175220043).

Tucker Tuesdays!

Every Tuesday, Springhouse residents and staff enjoy pet therapy with visiting 'therapist' Tucker. Tucker is a 9-year-old black lab/golden retriever mix and is a part of staff member, Jessica Rollins' family. Tucker started his regular schedule at Springhouse a few weeks ago. He has made many friends and greets everyone with kisses anxiously awaiting for someone to return the love. Tucker spends much of his day in Allen House, generating smiles from our residents and showing off all of his tricks. In particular he likes to show us how he can sit and lay down, cry on command, and raise



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his paw when asked "who wants a cookie". Fortunately, Tucker's ideal diet consists of broccoli and carrots so we do spoil him just a bit. Tucker is a great addition to the Springhouse family. If you're ever visiting Springhouse on a Tuesday, keep an eye out for Tucker, who may be dressed to impress!