

Springhouse August Newsletter

August 2016

In This Issue

- [Renovation News](#)
- [Youth Program](#)
- [Poem for Trevor](#)
- [Employee of the Quarter](#)

Contact Us

Phone
(617) 522-0043

Fax
(617) 522-0893

Web
www.springhouseboston.org

Employee Directory

- Kathy Foley**
Executive Director
kfoley@springhouseboston.org
- Rose O'Mahony, RN**
Director of Resident Care
romahony@springhouseboston.org
- Donna Watson**
Memory Care Director
dwatson@springhouseboston.org
- Susan Kates**
Director of Social Service
skates@springhouseboston.org
- Karen Pollack**
Director of Community Relations
kpollack@springhouseboston.org
- Meredith Griffiths**
Therapeutic Program Director
mgriffiths@springhouseboston.org
- Thomas Crowe**
Director of Maintenance
tcrowe@springhouseboston.org
- Anna Maziarz**
Business Manager
amaziarz@springhouseboston.org
- Eli Vasquez**
Manager of First Impressions & Executive Assistant
evasquez@springhouseboston.org
- Barbara Rougier, RD, LDN**
Director of Food Services
brougier@springhouseboston.org

Join our list

[Join Our Mailing List!](#)

Springhouse is on Facebook!

[Like us on Facebook](#)

Share The Newsletter With Someone You Know

If you are receiving this newsletter and know someone who would enjoy reading about Springhouse news, simply forward this newsletter to their email address and ask them to click on the "Join Our List" button directly above this box.

Care to Care Support Group

Will meet on Wednesday,
August 10, 2016
at 6:30 pm
Springhouse Board Room

Please RSVP to
Meredith Griffiths at
617-522-0043

Save the Dates!

Springhouse invites you to join us for two unique musical programs!

Emil Altschuler, Classical Violin



Acclaimed violinist Emil Altschuler is a master of his instrument who performs with incredible technique, magnificent expression and a profound artistry across a wide-ranging repertoire.

Emil maintains an active career as a soloist and performs regularly with pianist Thomas Pandolfi reviving the old-style virtuoso program that made Paganini, Kriesler and Heifetz so famous including concerti, showpieces, transcriptions and sonatas.

**Sunday;
August 21, 2016
2:00 p.m.
in Main Street**



Will McMillan & Joe Reid present

Skylark to Stardust The Songs of Hoagy Carmichael

Howard Hoagland Carmichael was one of America's most beloved songwriters. He also found fame as a singer-pianist, movie actor and television personality, but never lost his early affinity for jazz.

Singer Will McMillan and pianist Joe Reid delight in performing Carmichael classics including "Heart and Soul," "The Nearness of You," "Two Sleepy People," "Skylark," "Georgia on My Mind," "Cool," "Scout of the Evening," "Small Fry," and "Stardust."

**Saturday;
August 27, 2016
2:00 p.m.
in Main Street**

Facelift for Springhouse!

Springhouse Senior Living is renovating! We are pleased to announce that the entire first floor of our community is undergoing a new look!

This includes the Woodside first floor lobby as well as the art gallery, café, library, fitness room, hair salon, board room, marketing offices and our large community room, Main Street.

The following is important information for everyone:

- **The Woodside entrance is now temporarily closed.** We expect this entrance will not be available for several weeks. All visitors, vendors, guests and residents need to use the Ledgemont (2nd floor) entrance until further notice. The Woodside (1st floor) lobby is a hard hat area only.
- The first part of the project is to install new mailboxes to the wall near the concierge desk. Access to the old mailboxes will be available via the Ledgemont elevator until the new ones are installed.
- Construction times are 7:00 a.m. to 3:30 p.m. Monday through Friday.

We will update this newsletter with the exciting progress of the renovation each month. If you have questions regarding a visit to Springhouse, please call us at 617-522-0043.



Lobby renovations will include a new mailbox area for the Independent Living residents.

Summer Youth Programs at Springhouse

Springhouse is thrilled to welcome back two very special youth groups this summer!

The Boston Natural Areas Network's Youth Conservation Corps (YCC) have returned to Springhouse's beloved Allandale Woods. This program employs teens as stewards of the natural environment in their own neighborhoods working cooperatively to complete conservation projects while earning much needed income.

The YCC Urban Wilds Crew tending to the Allandale Woods this summer is made up of a dozen young people ages 15-18. They spend their days engaging in physical work projects to improve this natural area. In addition to performing conservation projects, trail building, landscaping and agriculture, the teens will learn about a variety of environmental topics.



Springhouse is happy to be able to offer this dedicated group shelter from inclement weather as well as indoor spaces to get some relief from the summer heat and enjoy a cool drink. Each year the residents are treated to a presentation with slideshows and demonstrations of the various projects the YCC has completed over the summer. Please see our August activities calendar for this year's date!

The second group housed at Springhouse this summer is "e" inc.'s environmental science and action program which uses the Allandale Urban Wild to teach forest eco-systems to city kids.

"e" inc.'s "Exploration in the City," is a unique summer field project specially crafted for city kids who rarely have an opportunity to experience and explore the natural world around them. Based in the Jamaica Plain/West Roxbury Allandale Urban Wild, the largest forest in the city, the program brings in kids from summer day camps from all Boston neighborhoods for activities designed to expand their understanding of the forest and natural eco-systems.

Springhouse has created an indoor classroom space for the campers to use during their visit for games and arts activities. During their time here, campers create 'impressions' of the forest using arts media and journals which are then shared with Springhouse residents.

Whether they are encountering toads, fish or frogs in or near the vernal pond or seeing birds and dragonflies in the woodland areas, the children begin to gain both knowledge and new experiences during their day in the woods.

We're so happy to have the opportunity to support these important programs that take advantage of all that our urban wild has to offer! We hope you will take a stroll through the Allandale Woods on your next visit to Springhouse to see what these young people have been up to!

A Poem for Trevor

If you have been to Springhouse anytime in the past 18 years, then you must have run into Trevor Moodie. He is our valued maintenance guru! He rises every morning very early to arrive at Springhouse when the birds are just waking up. One of the residents, who appreciates Trevor as much as we do, wrote this poem for him. It just had to be shared.

Here is Trevor
He is the best
He can fix anything
From East to West
He comes when you call him
And he brings his tools
And he works so fast
You feel like a fool.
Let's all drink to Trevor
We can't do without him
So let us all cheer him
Let's raise up our glasses
and praise him to the sky
We need a medal
For this wonderful guy!



Employee of the Month

Gisseline Germain (affectionately known to us as Gessie) was born in Cape-Haitain, Haiti where she had a dream of helping people through a career in nursing. We, at Springhouse, are blessed that Gessie pursued this dream and uses her many skills as a nurse for our residents.



Gessie has always been a team leader, handling emergencies with ease since joining Springhouse in 2008. She is one of the most kind-hearted and caring individuals and consistently displays these qualities when working with our residents. We can always count on her to provide extraordinary care to all of our residents while consistently maintaining a smile on her face.

She often goes out of her way to visit residents when they are out of our community at rehab or at the hospital which speaks to the dedication she has as a nurse. She is very flexible and is always willing to come in and care for our residents regardless if she is scheduled or not to work on a particular day. Gessie, while you may think all that you do for us at Springhouse goes unnoticed, we want to take this opportunity to express our gratitude and thank you because you truly help make Springhouse an exceptional place for our residents and those of us who work here. Congratulations on achieving this wonderful honor, and please keep smiling Gessie!

Please congratulate Gessie when you see her at Springhouse Senior Living.