

Springhouse

Senior Living Community

Springhouse February Newsletter

February 2016

In This Issue

[MOLST forms](#)

[Concerts](#)

[New Resident Care Director](#)

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If you are receiving this newsletter and know someone who would enjoy reading about Springhouse news, simply forward this newsletter to their email address and ask them to click on the "Join Our List" button directly above this box.

Care to Care Support Group

Will meet on Wednesday,
February 10, 2016
at 6:30 pm
Springhouse Board Room

Please RSVP to
Meredith Griffiths at
617-522-0043

Calling All MOLST Forms

Are you still looking for a New Year's resolution?

Considering filling out a MOLST form for yourself or your loved one. MOLST is an acronym for **Medical Orders for Life Sustaining Treatment**. The MOLST form is a standardized medical order form completed by you and your physician that contains valid medical orders.

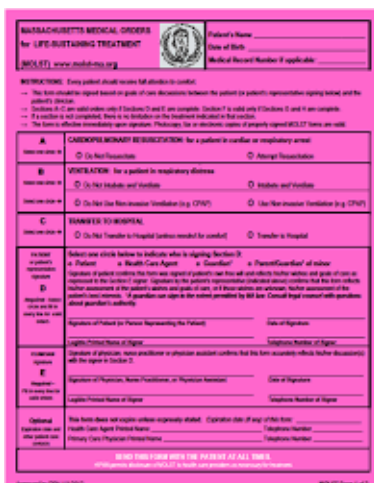
Here are some common questions:

If you have advance directives, is a MOLST still important? Yes, because it is a medical document that contains actionable medical orders that are effective immediately based on your current medical condition.

Advance directives, including health care proxies and living wills, are legal documents that are effective only after you may have lost capacity. In other words, a health care agent can make decisions for a person only after he or she has been determined to lack capacity; a living will is relevant only after the patient can no longer be consulted. A MOLST form, on the other hand, is a medical document signed by both the clinician and you, and is effective as soon as it is signed, regardless of your capacity to make decisions.

Can a person change his or her mind about treatment after they fill out the MOLST?

Yes. They can ask for and receive needed medical treatment at any time, no matter what the MOLST form says. And a person can also void the MOLST form and/or ask a physician, nurse practitioner or physician assistant to fill out a new form with different instructions at any time.



Springhouse Senior Living has MOLST forms available in the Wellness Office or you can download here at <http://molst-ma.org/download-molst-form>

Concerts Galore in February

Join Springhouse Senior Living this wintery month for some fabulous musical concerts!

We kick off the month with **Dissipated Eight: Middlebury College's** premier all-male a cappella group on February 7th at 2pm. Then on February 23rd, at 7:30 pm, we welcome back the **Apollo Club of Boston**. This musical group founded in 1871, is the second-oldest continuously active men's singing group in the United States. The club has approximately 25 members and performs a varied repertoire of show tunes, sea chanties, patriotic, love and folk songs at venues around the Boston area.

On February 27 at 2pm, we will feature **Alan Pearlmutter and Linda Poland**. This concert is named "the Fabulous Fifties," which looks back on the great songs that ushered in the post war baby boom years. Mr. Pearlmutter will play the piano accompanied by Poland on the clarinet. Mr. Pearlmutter is a singer, jazz drummer, composer, arranger, conductor and professor of music at Bristol Community College. Ms. Poland performs as second and E-flat clarinetist with the New Bedford Massachusetts Symphony Orchestra.



Meet Rose O'Mahony Resident Care Director

Rosaleen O'Mahony (Rose) was born in New York City and at a young age moved to Galway, Ireland where she grew up. Her family relocated there to open a family bed and breakfast with a restaurant. As one of seven children, she was involved with the daily running of the business, developing social skills at an early age, with a loving family, in a fun environment.

Upon returning to the USA in 1998, she settled in Boston and started working and caring for the elderly in their own private homes. Rose is driven by the need to make each person matter. Her compassion includes making sure that each person's journey is verified, gaining knowledge from their wisdom and the path that they chose.

Rose earned an Associates Degree in Science/RN with honors. She has 20 years of experience in management and supervisory roles including 14 years right here at Springhouse. Rose is driven to make Springhouse a happy successful home for all by her own personal motto, "to work together as a team who respect and listen to each other." Please congratulate Rose on her new role at Springhouse Senior Living.

