

Springhouse

Senior Living Community

Springhouse March Newsletter

March 2016

In This Issue

Woodside Residents on the road

HCAB comes to Allen House

Employee of the Quarter

Contact Us

Phone
(617) 522-0043

Fax
(617) 522-0893

Web
www.springhouseboston.org

Employee Directory

Kathy Foley
Executive Director
kfoley@springhouseboston.org

Rose O'Mahony, RN
Director of Resident Care
romahony@springhouseboston.org

Donna Watson
Memory Care Director
dwatson@springhouseboston.org

Susan Kates
Director of Social Service
skates@springhouseboston.org

Karen Pollack
Director of Community Relations
kpollack@springhouseboston.org

Meredith Griffiths
Therapeutic Program Director
mgriffiths@springhouseboston.org

Thomas Crowe
Director of Maintenance
tcrowe@springhouseboston.org

Anna Maziarz
Business Manager
amaziarz@springhouseboston.org

Jessica Rollins
Administrative Assistant
jrollins@springhouseboston.org

Barbara Rougier, RD, LDN
Director of Food Services
brougier@springhouseboston.org

Join our list

Join Our Mailing List!

Springhouse is on Facebook!

Like us on Facebook 

Share The Newsletter With Someone You Know

If you are receiving this newsletter and know someone who would enjoy reading about Springhouse news, simply forward this newsletter to their email address and ask them to click on the "Join Our List" button directly above this box.

Care to Care Support Group

Will meet on Wednesday,
March 9, 2016
at 6:30 pm
Springhouse Board Room

Please RSVP to
Meredith Griffiths at
617-522-0043

On the road with Woodside Residents

The Woodside residents have been busy this winter. So far 2016 has been so much fun. We have enjoyed the movies; always a big hit with independent group, they saw the "Joy" and "Brooklyn."

Then off to the Mary Baker Eddy Library and the Mapparium. They also had a great visit at the Fuller Craft Museum where they saw the exhibit "Toothpick World." And that was JUST January!



February brought even more fun! A trip to the Kennedy Library with lunch at the Café at the Museum with the University of Maryland Women's Choir provided us a free concert. And that was not even planned! We also ventured to the Weston Geological Observatory stopping for lunch at "Off Center" in Weston. Finally, we enjoyed the Isabella Stewart Gardner Museum.

If you know someone who would enjoy our weekly "trip day," please ask them to call Karen Pollack at 617-522-0043 to find out how much Independent Living at Springhouse has to offer.

Allen House Residents Welcome Harvard College Alzheimer's Buddies Program

Springhouse Senior Living welcomes the Harvard College Alzheimer's Buddies Program (HCAB) to our Allen House neighborhood. The program matches a college student with a resident who they visit once a week for an hour. HCAB is in it's 6th year and has become the fastest growing volunteer program for the elderly in Harvard's history. Eight undergraduate students from Harvard College will be matched with eight residents in Allen House.

HCAB was created in response to the profound isolation and social disengagement experienced by people in the intermediate-to-late-stages of Alzheimer's disease. Their goal is to build meaningful emotional connections with dementia residents meeting weekly during one-on-one visits. They focus on what is still present in our buddies and improving the life that they have despite limitations.

The volunteers build friendships through their regular visits and a trust that can inspire hope. They come with energy, a loving smile, a caring touch and wanting to really know our buddies.

College students and dementia residents are not that different--they and their families are both undergoing major transitions in their lives during which time they must reassess priorities and cope with new challenges. With dementia, the transitions can be devastating.

Together they work to find the courage to face these challenges. We will post regular updates on the Springhouse Facebook Page.



Employee of the Quarter

Please congratulate, Martha Shanahan, Assisted Living Activity Coordinator as the newest winner of the Springhouse Employee of the Quarter.

Since her start at Springhouse, Martha has been a wonderful addition to the team. She is incredibly thoughtful about her work with the residents and the programs she plans for them. She is constantly brainstorming new ideas for programs and even uses social media to connect with other activity professionals to share and come up with new ideas. She has brought a breath of fresh air to our assisted living programs, providing many opportunities for the residents to discover and express their creativity. In addition to offering high quality programs to our residents, Martha communicates well with residents' families. The warmth and humor she shows our residents is apparent to their families in the monthly letter she sends to them.

Martha's genuine care for the residents and enthusiasm to be a part of the Springhouse team is just part of the reason she won this outstanding award. Congratulations Martha!

