



## Springhouse November Newsletter

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### Springhouse is on Facebook!

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### Share The Newsletter With Someone You Know

If you are receiving this newsletter and know someone who would enjoy reading about Springhouse news, simply forward this newsletter to their email address and ask them to click on the "Join Our List" button directly above this box.

### Care to Care Support Group

Will meet on Wednesday,  
November 9, 2016  
at 6:30 pm

Please RSVP to  
Meredith Griffiths at  
617-522-0043

### Save the Date!

*Springhouse invites you to join us for*

### The Story of Swing: The Early Years



presented by  
**Jack Craig**

From 1910 into the 1950's, dance bands left an amazing footprint on American culture. During the 'swing era', band leaders developed their own theme or signature songs, and singers emerged as superstars.

This program covers the early years of swing music and features Fred Waring, Paul Whiteman, Isham Jones, Duke Ellington, Ted Lewis, Mildred Bailey, Cliff Edwards, and Skinnay Ennis....along with several more.

**Sunday;  
November 20, 2016  
2:00 p.m.  
in Main Street**

### A Happy Thanksgiving to all!



### Resident Costume Contest!



### Renovation Update

We are excited that our new walls and signs have been installed at Springhouse. We are working on adding lighting and plantings, so stay tuned for more upgrades to our entrance way.



Phase 2 of the inside renovation project is under way! The action now moves towards the Fitness Center and Hair Salon areas. We can hardly wait for these two important rooms to be finished. In the meantime our fitness continues throughout the building. Please check the calendars for the most updated exercise locations.

Also, next time you are visiting Springhouse, check out our new lobby, marketing area, art gallery and library. Next in line is the installation of new sliding glass patio doors leading from the Terrace Room to the patio which will allow easier access to our patio for all our residents and their guests.

Still to come in the project is the renovation of the conference room, the demonstration kitchen/activity space and our large community room, Main Street.

We will keep you all updated via this monthly newsletter with the exciting progress of the renovation project. If you have questions regarding a visit to Springhouse, please call us at 617-522-0043.

### New Bus!

Springhouse is getting a new bus and we don't know who is more excited, the residents or the Activity and Transportation Department staff!

In addition to upgraded technology such as a built in GPS system and back up camera, the new bus exceeds ADA requirements with a kneeling feature making it easier for residents to climb aboard as well as a manual ramp and extra space for those needing wheelchair transport!

Look for our new 2017 Frontrunner by New England Wheels out and about on the streets of Boston and beyond as we will be traveling in style within the next week or so!

### Employee of the Quarter



Springhouse is pleased to announce Audrey Forbes, an exceptional dining room staff member, as our new Employee of the Quarter. She is a friend to all and has earned the respect of her peers, the management team and our residents. In the 14 Years, Audrey has worked at Springhouse, she has always been on time, rarely called out sick and has completed the responsibilities of her position with a sense of pride. Residents and family members have requested her exceptional service on several occasions. Every month, as the recognition cards are read, Audrey's name is consistently announced with phenomenal compliments from residents and employees. She is a great team player and an amazing person who always goes above and beyond. A Springhouse employee since 2002, we are thrilled to honor Audrey Forbes with this recognition. If you see her in the dining room, please congratulate her.

### Student Volunteers at Springhouse

Now that the school year is in full swing, Springhouse is happy to welcome back several groups of student interns and volunteers as well as a few new ones!

In addition to weekly visits by Simmons College Nursing students and Japanese students from SHOWA University, Springhouse is honored to welcome two Social Work interns training in the Geriatric Social work field who will remain with us throughout the 2016-2017 academic year.

Kasey Howard is a first year Social Work Graduate student from Boston University. She is originally from New York. She is excited to be here at Springhouse. Anne Marie Dolan is studying at the part-time program at Boston College School of Social Work. Anne Marie is from the Boston area. Springhouse is lucky to have these interns two to three days a week. They will spend time meeting with residents individually and Anne Marie will assist many groups in our Assisted Living Community.

As you may know, Schweitzer Fellow, Marbury Jacobs, of Tufts University is continuing her Garden Club at Springhouse through out the fall and winter, with a new emphasis on indoor programs as the colder weather approaches. Tufts recently featured a story about Marbury, and her work at Springhouse on their website. You can read it and learn more about what the Garden Club has meant to our residents here: [A Garden To Remember](#).

Allen House residents have already enjoyed their first monthly visit with the Students to Seniors volunteer group from Northeastern University. Both the students and residents got together to create beautiful fall flower arrangements for the Allen House Dining Room! The Students to Seniors group will continue to visit throughout the year and will join the Allen House Residents for seasonal group programs such as pumpkin decorating and carol singing.



The Students to Seniors visits have been so well loved by both the students and residents, a second group from Northeastern University have asked to volunteer! In November we'll welcome the students of Nu Rho Psi, a national neuroscience honors society, to visit with our Allen House residents. As these students are studying neuro-degenerative diseases such as Alzheimer's, they are interested in understanding how the disease impacts people on a more personal level. The students are also excited to have the opportunity to give back to the greater Boston community.

We look forward to a wonderful year!

### Halloween at Springhouse

Springhouse celebrated Halloween early with our annual Halloween bash! Traditionally the activity staff leads the festivities with a surprise performance. This year featured several numbers from *The Sound of Music!* including *My Favorite Things* and *Climb Every Mountain* (both pictured below). The show, every mountain (both pictured), dancing, tricks and treats were enjoyed by all!

