

Springhouse March Newsletter

March 2017

In This Issue

[Renovation Update](#)

[Klezmer Concert](#)

[Dining Room Manager](#)

[Happy Birthday Dr. Brown](#)

Contact Us

Phone
(617) 522-0043

Fax
(617) 522-0893

Web
www.springhouseboston.org

Employee Directory

Kathy Foley
Executive Director
kfoley@springhouseboston.org

Rose O'Mahony, RN
Director of Resident Care
romahony@springhouseboston.org

Donna Watson
Memory Care Director
dwatson@springhouseboston.org

Susan Kates
Director of Social Service
skates@springhouseboston.org

Karen Pollack
Director of Community Relations
kpollack@springhouseboston.org

Meredith Griffiths
Therapeutic Program Director
mgriffiths@springhouseboston.org

Ken Shorey
Director of Food Services
kshorey@springhouseboston.org

Thomas Crowe
Director of Maintenance
tcrowe@springhouseboston.org

Anna Maziarz
Business Manager
amaziarz@springhouseboston.org

Eli Vasquez
Manager of First Impressions &
Executive Assistant
evasquez@springhouseboston.org

Join our list

[Join Our Mailing List!](#)

Springhouse is on Facebook!

[Like us on Facebook](#)

Share The Newsletter With Someone You Know

If you are receiving this newsletter and know someone who would enjoy reading about Springhouse news, simply forward this newsletter to their email address and ask them to click on the "Join Our List" button directly above this box.

Care to Care Support Group

Will meet on Wednesday,
March 8, 2017
at 6:30 pm

Please RSVP to
Susan Kates at
617-522-0043

Baby Boy Whelan is here



We are so happy to announce Meredith Griffiths and her husband, Gary Whelan welcomed their first child, a baby boy on February 26, 2017.

Logan Wilder Whelan weighed in at 8 lbs and 4 oz and is 21" long. We wish Meredith and Gary much happiness.

Renovation Update

After many long months of planning and building, our renovation is complete. The common space on the first floor of Springhouse is all new! The Woodside Lobby, Library, Salon, Main St, Conference Room, Marketing offices, Fitness Center, Clinic and Massage space have been turned into beautiful, updated areas. Come check it out for yourself. Our doors are always open. Save the date: May 7, 2017 for our Grand Re-opening and 20th Anniversary Party. We look forward to seeing you all!

Klezmer Concert

Please join us on Saturday, March 25, 2017 for a Klezmer musical performance by the Bill Wise Duo.

Bill Wise on the clarinet and Barry Shapiro on the piano & accordion make for an eclectic program featuring beloved Klezmer songs, original compositions, Israeli music and even a little Jazz!



New Dining Room Manager

Please join us in welcoming Jean Chery as our new Dining Room Manager at Springhouse Senior Living. Jean was born in Haiti and has years of dining room experience in many other senior living communities. In addition to this management experience, he has also been a Sous-Chef so he understands all aspects of fine dining. Jean is a very patient and caring person. He enjoys working with elders and meeting their dietary and dining needs. Please introduce yourselves to Jean and welcome him to Springhouse.



Happy 100th Birthday Dr. Nathan Brown

For those of us who know Dr. Brown, he is typically very soft spoken. It's not often that we have a resident turn 100 years old and able to tell us their secrets. He has been a resident of Springhouse for almost 15 years!

Dr. Nathan Brown was born on March 16, 1917. He was raised in Utica, New York and spent some time in Binghamton, NY as well as Longboat Key, FL. He was married to Betty Brown for over 60 years and they had three children: Larry, Marcia and Daniel.

Dr. Brown is a pharmacist as well as a physician. He tells us that longevity runs in his family. His mother was 97, his brother 94 and he had a sister who lived to 95 before they passed. He attributes some success to his wonderful and supportive family. His mother was a "tremendous person" who was always there to guide him. He reports he always had a hunch he would live a long life. He also says that leading a stress free life and the support of his family were important to him. Betty, his wife, was very supportive of his career and took great care in raising their family.

If he were to give the younger generations some advice it would be:

- Have peace of mind
- Have people in your life you can count on
- Help others
- Do not smoke ("absolutely no smoking!")
- Watch your diet
- And "hope for the best"

Wise words from a very special man. Happy 100th Birthday, Dr. Brown!!