



44 Allandale Street, Boston  
(617) 522-0043

Schedule a Private Tour

November 2017

## New Art Gallery Exhibit



The Art Gallery at Springhouse welcomes Ruth LaGue. Traditionally LaGue's work has been done in encaustic but recently she has painted with acrylics and has achieved a complex technique of layering that directs the viewer into multiple, lingering depths. Her subject matter emanates from spending part of her youth in Alaska. According to LaGue, "I was awed by the incredible vastness of the wild landscape. Gazing at the expansive skies and majestic mountains as a girl, I recognized that I was a small part of something much larger than myself".

LaGue is a trained graphic design professional who graduated from the Rhode Island School of Design. She is passionate about sharing her art with others. Her work is in private collections; the corporate collection of BioMed Realty, Inc. and on permanent exhibit at the Encaustic Art Institute in Sante Fe, NM. LaGue maintains a gallery/work space at Gorse Mill Studios in Needham. For more info about LaGue and images of her art work visit <http://www.laguwax.com>.

## Massage Therapy Available

Springhouse is thrilled to announce this new service for our residents. We are offering chair massage by appointment on Fridays, from 10 am to 2:30 pm. The service will begin Friday, November 3, 2017.



Indulge and relax with a chair massage from a licensed massage therapist for 20 or 30 minutes. Additional massage services will be introduced January 2018.

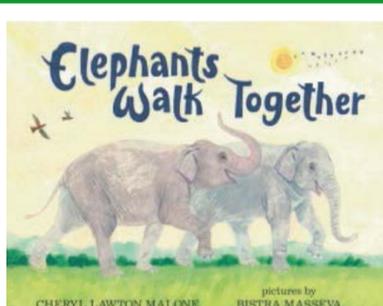
To inquire about fees or make an appointment, please call the Woodside desk.

## Book Talk and Signing

Springhouse welcomes author Cheryl Lawton Malone, Tuesday, November 21, 2017 at 7:30 p.m.

Daughter of Springhouse's own Anita Koris, Cheryl Lawton Malone is a freelance writer and poet, who received her MFA from Lesley University in 2010. She taught creative writing at Lesley University from 2010 to 2014. Previously Cheryl was a corporate lawyer for 22 years.

Cheryl will speak about the process of writing and publishing her most recent children's book, "Elephants Walk Together." This sweet story of friendship between two Asian Elephants, Precious and Baba, that was inspired by true events will be available for purchase at the event.



## Employee of the Month

Polly Doogue is a true team player in every possible way. Since the beginning of her journey at Springhouse in 2013, she has proven day after day why she deserves to be recognized. As one of our residents described her many times, "she is really remarkable, unbeatable, helpful, gracious and accommodating and always goes out of the way." Polly does not only show all these great personality assets towards our residents but also with her supervisor, coworkers and management team. She is very accommodating and flexible with the schedule, has a great smile on her face at all times and never ever says no! Polly stands tall and demonstrates amazing leadership and work ethic. She was recently promoted to Team Leader in the dining room because of her audacity, customer service skills and ability to provide quality resident care. She knows when to ask questions and how to escalate problems when necessary. Comments like "she is irreplaceable, unstoppable, helpful, disciplined, knows what she is doing, can we duplicate her, when she is on duty everything goes well-- are just a few of many more great things residents have to say about her. Please congratulate Polly for her excellence and hard work!

## Introducing the Springhouse Players

At the suggestion of one of our residents, a former actor, the Springhouse Players drama club was introduced this past summer. The club began with 14 members with different ideas on how the group would function. They ultimately decided that a play would be performed with script in hand eliminating the pressure of learning the lines by heart. Five members of the club were cast for the Players' debut production, directed by JoAnne Faer, Springhouse's Independent Living Activity Coordinator.



"Impromptu" by Tad Mosel will be performed in Main Street at Springhouse on **Thursday, November 16<sup>th</sup> at 3:30 p.m.** with an encore performance on **Monday, November 20<sup>th</sup> at 7:30 p.m.**

The play is one act drama exploring "how much truth and how much illusion does a person need to live a balanced life." All are invited to attend!

## Monthly Support Groups

### Bereavement Support Group

We are introducing a grief and bereavement support group for adults only. The group offers a caring and informal environment to share with others who have had a loss. This group meets on the second Wednesday of the month from 4:30-5:30 pm. The group is facilitated by Susan Kates, LICSW, Director of Social Services at Springhouse. The next meeting will be on November 8, 2017. Please RSVP to Susan Kates at 617-522-0043 or [skates@springhouseboston.org](mailto:skates@springhouseboston.org).



A support network for you and your loved ones.

Our next Caregiver support group will meet on Wednesday, November 8, 2017 at 6:30 pm. Please RSVP to Meredith Griffiths at 617-522-0043 or [mgriffiths@springhouseboston.org](mailto:mgriffiths@springhouseboston.org).

[Website](#) [About Us](#) [Independent Living](#) [Assisted Living](#) [Memory Support](#)



44 Allandale Street  
Boston, MA 02130  
617-522-0043

Contact Us

Please like Springhouse Senior Living on FACEBOOK for up to the minute information.



## Change the clocks!

Just a quick reminder that on Sunday, November 5, 2017, we need to change the clocks back one hour.

