



44 Allandale Street, Boston  
(617) 522-0043

Schedule a Private Tour

February 2018

## Social Work interns make a difference



Springhouse Senior Living is fortunate to partner with many of the fine academic institutions in the Boston area. This month, we would like to introduce you to our Social Worker interns. Maria Philbrick is in her first year at Boston College in the Master's of Social Work program. Maria will be specializing in clinical practice with a concentration in health. Her previous experience has been in behavioral and mental health, working with individuals in home, community and inpatient settings.

Maria is thrilled to be at Springhouse for her first year field placement. She says "It has been great getting to know the residents and joining this amazing community. Since beginning at Springhouse, I have been providing individuals with psycho-social support and serving as an advocate on their behalf. I have learned that often times the smallest of actions can make the biggest difference. Simply asking about someone's day or sitting down to listen to a story can be so meaningful. I have learned to value these little moments."

Sergut Wolde-Yohannes is a social work student at Boston University School of Social Work. Before joining the School of Social Work, Sergut studied public health and worked as an educator and public health practitioner. Currently, she assists with therapeutic group activities and provides one-on-one socialization support to residents with dementia/memory loss. Interning in Allen House has taught her that dementia's impact is widespread. It affects not only the person with dementia but the person's family, friends and the larger community. Sergut is now supporting residents in Allen House to do as much as they can for themselves so they can maintain their dignity and highest level of functioning.

## Calling all Men

### Gentlemen's Gathering

Mondays at 2:30PM in the Activity Room

Join Social Work Interns Maria and Sergut for Springhouse's new men's group, The Gentlemen's Gathering! Come to enjoy light refreshments, good company and conversation. The weekly program will include current events discussions, cards and other games, sports-themed activities, art and music on a rotating basis.



## Songs & Times of the 1960's



### Concert with Alan Pearlmutter and Linda Poland

Saturday, February 17th at 2:00PM

Springhouse invites you to take a trip back in time with a piano and clarinet duo performance. The troubled times of the 60's brought forth great music by The Beatles, Jule Styne, Bob Dylan, Paul Simon, as well as Rodgers and Hammerstein. This era and its music will never be forgotten.

Alan Pearlmutter is an accompanist, singer, composer, arranger, conductor, and professor, currently teaching music at Bristol Community College in Fall River and Fitchburg State University, Fitchburg, Massachusetts. Since 2011 he has been performing imaginative duo-concerts with clarinetist Linda Poland. Alan's training includes music degrees from Brooklyn College, CUNY and a doctorate from Baltimore's Peabody Conservatory of Music.

Linda Poland has performed as principal clarinetist with the Kammerwerke Double Wind Quintet since 2011 and as a section clarinetist with the New Bedford Symphony Orchestra since 2001. She received her Bachelor of Music degree from the University of Maryland in College Park and holds a Master of Music degree from the New England Conservatory of Music. She currently teaches clarinet for the Milton and Newton, Massachusetts public schools, Dedham Country Day School, Milton Academy, and Noble and Greenough School.

## Employee of the Quarter

JoAnne Faer is incredibly talented in many areas and consistently finds ways to share her talents with our residents. Her programs provide sophisticated experiences and opportunities for new learning. All her programs are conducted at a high level and there seems to be magic in everything she touches from decorations in the lobby, to gourmet meals cooked from scratch and even driving the bus all over the state. Juggling the logistics of the weekly outings requires a precise balance which JoAnne has mastered, supporting our residents to remain as independent as possible while providing for their safety. She has worked with staff in all departments to showcase "hidden talents" in our annual Springhouse Community Art Show. The design and renovation of our new art studio was largely inspired by JoAnne's vision and direction. On a similar note, JoAnne has gone above and beyond in her assistance with the Art Gallery Committee helping to coordinate with artists and hanging shows. Perhaps the most impressive of her accomplishments, JoAnne introduced the Springhouse Players and directed a wonderful performance for the Springhouse Community. Seeing the desire of several residents for some sort of drama club at Springhouse, JoAnne formed the "Players" to meet this need. The incredible amount of work and energy JoAnne put in to the Players while still managing to keep up with her regular job tasks and responsibilities was very impressive! She is a woman with many amazing qualities and is always willing to share her abilities with everyone at Springhouse. Please help us congratulate JoAnne Faer as Springhouse's Employee of the Quarter.



## Did you know SPRINGHOUSE has a FACEBOOK page?

We encourage all our residents, families and friends to keep in touch with Springhouse by visiting our Facebook page. We post almost daily so you can stay on top of the events happening right now. **Visit Facebook, search springhouse Senior Living and hit the like button** or see the link right here! <https://www.facebook.com/Springhouse-Senior-Living-Community-190881027625897/>

## Monthly Support Groups

### Bereavement Support Group

We are introducing a grief and bereavement support group for adults only. The group offers a caring and informal environment to share with others who have had a loss. This group meets on the second Wednesday of the month from 4:30-5:30 pm. The group is facilitated by Susan Kates, LICSW, Director of Social Services at Springhouse. The next meeting will be on February 14, 2018. Please RSVP to Susan Kates at 617-522-0043 or [skates@springhouseboston.org](mailto:skates@springhouseboston.org).



Our next Caregiver support group will meet on Wednesday, February 14 at 6:30 pm. Please RSVP to Meredith Griffiths at 617-522-0043 or [mgriffiths@springhouseboston.org](mailto:mgriffiths@springhouseboston.org).

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