



44 Allandale Street, Boston
(617) 522-0043

Schedule a Private Tour

September 2018

10th Annual Walk to End Alzheimer's!



It's that time of year again! Each fall, to coincide with the Memory Walk events held across the nation, Springhouse Senior Living raises awareness as well as funds for the Alzheimer's Association to assist them in their quest for a cure for Alzheimer's and other related diseases, as well as offer services and support to those living with dementia.



The 10th Annual Springhouse Senior Living Walk to End Alzheimer's will be held on Thursday, September 20th at 2:00 p.m. Throughout the month of September donations to the Alzheimer's Association will be accepted at the Concierge desks. A number of incentives will be available for purchase, including Alzheimer's Association's bracelets and handmade crafts including coffee mugs and greeting cards created by Springhouse resident artists. All donors will be recognized with printed Forget Me Not paper flowers which will be on display throughout the building.

If you would like to help us support this important cause, please consider making a donation today or join us to walk! Contact Meredith Griffiths at 617-522-0043 or mgriffiths@springhouseboston.org and/or drop checks off at the front desk made payable to the Alzheimer's Association.

Alternative Transportation and Driving Retirement Lecture

Driving Retirement

Presented by Maria Foster of TRIPPS
Wednesday, September 12th at 3:30 p.m.



Springhouse invites you to join Maria Foster, Community Outreach Specialist of TRIPPS for a presentation on Driving Retirement. Learn about your options for alternative transportation, and the advantages of making the decision to stop driving.

The TRIPPS program was begun in 2015 in Brookline and Newton, Massachusetts, with the underlying concept that most seniors need individualized, personal support in order

to transition successfully from being a driver to being a passenger. For more information on their programs and services please visit their website <https://trippsmass.org>.

To attend this presentation, please RSVP to Meredith Griffiths, Therapeutic Program Director, at mgriffiths@springhouseboston.org or 617-522-0043 x2110.

Alan Pearlmutter Duo to Perform

High Holy Days Program
Saturday; September 8th 2:00 p.m.



Usher in Rosh Hashanah and Yom Kippur at Springhouse with piano and clarinet duo, Alan Pearlmutter and Linda Poland. This program is designed to inspire remembrances of the hopes and trials of ages past, of wonder at the mysteries of the universe, of lives lived and lost in faith and devotion to our people and our God. Songs include *Oyato v'charonnu*, *Darkechaw Elokaynu*, *V'Nislach*, and *V'sawmactaw*. A brief narrative by Cantor Kay Greenwald of the American Conference of Cantors will begin the program. In addition to

translations, Alan will share the special meaning of each song along with translations.

Alan Pearlmutter is an accompanist, singer, composer, arranger, conductor and professor, currently teaching music at Bristol Community College in Fall River and Fitchburg State University, Fitchburg, Massachusetts. Since 2011 he has been performing imaginative duo-concerts with clarinetist Linda Poland. Linda has performed as principal clarinetist with the Kammerwerke Double Wind Quintet since 2011 and as a section clarinetist with the New Bedford Symphony Orchestra since 2001. Prior to her New Bedford experience, she performed in a similar capacity with the Albany Symphony Orchestra in New York. She currently teaches clarinet for the Milton and Newton, Massachusetts public schools, Dedham Country Day School, Milton Academy and the Noble and Greenough School.

Springhouse Players Present Neil Simon's "Plaza Suite"

In mid August, under the direction of JoAnne Faer, Independent Living Activity Coordinator, the "Springhouse Players" Drama Club, performed *Visitor From Forest Hills*, the third act of Neil Simon's *Plaza Suite*. We hope Mr. Simon will forgive a few adaptations to his work, allowing for more participation from our club members. The show featured actors and actresses from both the Springhouse Woodside Independent Living and Ledgemont Assisted Living communities. They had great backstage support from the stage manager, set decorators and a sound engineer as well. The cast and crew dedicated the performances to the memory of former resident, Edwin Beschler, who was the driving force in the creation of the Springhouse Players.

The play was simply wonderful, delivering a lot of laughs. Following the opening performance, a wedding-style reception was held complete with cocktail franks, as referenced in the play's dialogue and a cake cutting by our "bride" and "groom." A standing ovation for all those involved!



Intergenerational Story Hour at Springhouse



Springhouse hosted our first intergenerational story hour in mid August.

The residents read books about gardening and nature to the kids, shared some items from the garden and colored garden-themed pictures.

The children enjoyed a tour of the Springhouse vegetable garden and each got to pick a tomato to take home.

Stay tuned for the date of our next inter-generational story hour.

Massage Therapy for Residents

Just a reminder that Springhouse Senior Living offers Massage Therapy for our residents. Reservations can be made by calling the concierge at 617-522-0043. Gift Certificates are also available.



Are you on social media? Did you know that Springhouse Senior Living has a Facebook Page? For every new like the Springhouse Senior Living Facebook page receives through September 30, 2018, we will donate \$1 to the Alzheimer's Association.



Monthly Support Group

Care to Care

A support network for you and your loved ones.

Our next Caregiver support group will meet on Wednesday, September 12th at 6:30 pm. Everyone is welcome! Please RSVP to Meredith Griffiths at 617-522-0043 or mgriffiths@springhouseboston.org.

[Website](#) [About Us](#) [Independent Living](#) [Assisted Living](#) [Memory Support](#)

Happy New Year & Yom Kippur

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Wishing all who celebrate this season, a sweet and healthy New Year and a meaningful Yom Kippur from your family and friends at Springhouse Senior Living.

