



44 Allandale Street, Boston
(617) 522-0043

Schedule a Private Tour

November 2018

Employee of the Quarter

Jean Blanc comes to work every day rain or shine with a smile on his face. His dedication to the residents and the other coworkers is unsurpassed. He stands out for a multitude of reasons, but the most significant reason is due to all the little individual things he does for each resident.

Jean is never too busy to go for a walk with a resident, take them for coffee or just sit in their apartment and chat. He makes great milkshakes for those with a poor appetite or will save a sandwich for someone who he knows will be hungry later that evening.

Families have expressed their gratitude for Jean and the peace of mind they have when he is on duty at Springhouse. In addition, Jean is well respected by fellow co-workers and often offers advice and guidance to new staff. He is kind, compassionate and hardworking. Jean Blanc is a fine example of what makes Springhouse different and special.



Mobile WWI Museum Tours

Visit the WWI Mobile Museum at Springhouse on November 29 & 30!



"Lest We Forget," a traveling exhibit commemorating the centennial anniversary of World War I is coming to Springhouse! Based in Texas, the World War I Mobile Museum is a traveling exhibition of original artifacts composed of twelve sections depicting different themes, including trench warfare, photographic and cinematic treatment of the war and Christmastime on the battlefield. More than 200 artifacts and photographs are presented, including numerous personal items used by soldiers, one of the first

battlefield movie cameras and an authentic trenching tool like those used to dig more than 25,000 miles of trenches during the war.

"When I was visiting the National World War I Museum in Kansas City, I realized that senior adults are the last direct descendants of World War I veterans and decided to create a mobile museum to bring these artifacts to them wherever they live," said Keith Colley, curator and owner. "We're finding people of all ages are drawn to the exhibit. Our hope is to keep the memory of World War I and its veterans alive, which is why we called it 'Lest We Forget,' a phrase that comes from a speech delivered by President Woodrow Wilson after the war ended."

The WWI Mobile Museum is open to the public. Come visit: Thursday, November 29th between 10:00 a.m. - 7:00 p.m. or Friday, November 30th between 10:00 a.m. - 5:00 p.m. While admission is free, we ask that visitors bring a toy to donate to the Home for Little Wanderers Big Wishes Holiday Toy Drive.

Chef Notes

For your enjoyment, each month we will feature a special message or recipe from our Dining Services Director Ken Shorey, HealthCare Services Group.

Traditional Thanksgiving Stuffing

Serves 6 to 8

Ingredients

- 10 cups of cubed loaf rustic bread
- 8 tablespoons unsalted butter divided
- 2 large yellow onions, about 1 pound diced
- 4 large stalks celery, diced
- 4 cloves garlic, minced
- 1/4 cup finely chopped fresh sage leaves
- Leaves from 4 stalks fresh thyme
- 1 T finely chopped fresh rosemary
- 2 large eggs, beaten
- 2 cups turkey, chicken, or vegetable stock
- 1 teaspoon kosher salt
- Freshly ground black pepper



1. **Dry the bread:** Arrange a rack in the middle of the oven and heat to 225°F. Spread the bread cubes on a large baking sheet in an even layer and bake until quite crisp, stirring every half hour, about 90 minutes total. After removing the bread from the oven, turn up the oven temperature to 375°F.
2. **Cook, the onion, celery, and garlic until tender:** Melt 6 tablespoons of the butter in a large skillet set over medium-high heat. Add the onions, celery, and garlic and cook, stirring frequently, for 10 minutes or the vegetables are very soft.
3. **Add the herbs:** Stir in the sage and thyme and cook for 2 more minutes.
4. **Mix the toasted bread cubes with the onion mixture:** In a large bowl, fold together the toasted bread cubes with the cooked onions and celery.
5. **Beat the eggs and broth, and mix in:** Beat the eggs in a medium bowl with the broth, salt, and a generous quantity of fresh black pepper. Pour in the bowl and stir into the bread.
6. **Put into baking dish and top with more butter:** Spread in a lightly greased 3-quart baking dish. Melt the remaining 2 tablespoons butter and drizzle over the top.
7. **Cover and bake:** Cover tightly with aluminum foil. Bake covered for 25 minutes. Uncover and bake for an additional 15 minutes or until the top is golden-brown. Cool the dressing for 10 minutes before serving.

Massage Therapy for Residents

Just a reminder that Springhouse Senior Living offers Massage Therapy for our residents. Reservations can be made by calling the concierge at 617-522-0043. Gift Certificates are also available.



MONTHLY SUPPORT GROUPS

LIVING WITH LOSS

"Living with Loss" is a monthly support group for older adults who are experiencing grief as a result of the loss of a partner or spouse—through death or the grief associated with the progression of Alzheimer's Disease or Dementia.

We are pleased to offer this new support group for residents, families and the community. Springhouse Senior Living is grateful to Ethos for partnering with us.

The first meeting will take place at Springhouse on November 5th at 3:30 p.m.

The program will be co-facilitated by Adrianna Alpaugh, Director of Social Services at Springhouse Senior Living, and Jennifer Quinlan, Member Services & Recruitment Coordinator of JP@Home

Please RSVP to Jennifer at 617-477-6934 or jquinlan@ethocare.org if you'd like to attend.

A MONTHLY SUPPORT GROUP FOR THOSE EXPERIENCING GRIEF AND LOSS OF A LIFE PARTNER

WHEN Meets the first Monday of each month @ 3:30 p.m. beginning November 5.

WHERE Springhouse Senior Living Community 44 Allandale Street Jamaica Plain, MA 02130

RSVP Contact: Jennifer at 617-477-6934 or jquinlan@ethocare.org

WEBSITE www.ethocare.org/jphome/ www.springhouseboston.org

This group is offered at no charge in partnership with JP@Home, a program of Ethos, and Springhouse Senior Living, please note that you **MUST RSVP by October 26** to attend.

The program will be co-facilitated by Adrianna Alpaugh, Director of Social Services Springhouse Senior Living, and Jennifer Quinlan, Member Services & Recruitment Coordinator of JP@Home.

ETHOS | 555 AMORY STREET | JAMAICA PLAIN, MA 02130 | T:617.522.6700 | WWW.ETHOCARE.ORG

Care to Care

A support network for you and your loved ones.

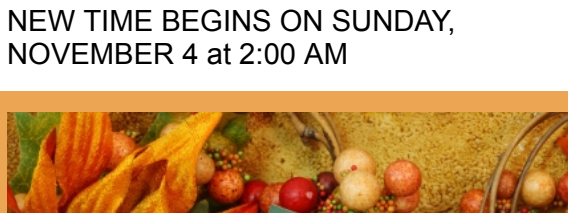
Care to Care is a general caregiver support group connecting those caring for family members or friends in all stages of Alzheimer's Disease or dementia and in a variety of care settings. The group offers the opportunity to share strategies, resources, and coping skills with one another, as well as provide mutual support.

Our next group will meet on Wednesday, November 14 at 6:30 pm. Everyone is welcome! Please RSVP to Meredith Griffiths at 617-522-0043 or mgriffiths@springhouseboston.org.

SET YOUR CLOCKS BACK

REMINDER TO SET YOUR CLOCKS BACK BEFORE YOU GO TO BED ON SATURDAY, NOVEMBER 3, 2018.

NEW TIME BEGINS ON SUNDAY, NOVEMBER 4 at 2:00 AM



Happy Thanksgiving

From our family to yours. A very Happy Thanksgiving.

We give thanks everyday for our wonderful residents, their families and our exceptional staff!